#### GENERAL

- 1 What is the Allowable Range of Scores for 9.00 9.475?
  - a) 0.20 d) 0.70
  - b) 0.30 e) 1.00
  - c) 0.50
- 2 What is the deduction for substituting or omitting a major element?
  - a) 0.30 d) value of the element
  - b) half the value of the element e) double the value of the element
  - c) up to the value of the element
- 3 What is the deduction for changing, reversing, or omitting a series of connections?
  - a) 0.10 d) 0.30
  - b) 0.20 e) up to 0.30
  - c) up to 0.20

4 The total execution +/or amplitude deductions on a major element man not exceed

a) value of the element

- d) half the value of the elements plus 0.50e) value of the element plus 1.00
- b) value of the elements plus 0.50c) half the value of the element
- 5 What is the deduction for text errors throught the routine? deduct in general
  - a) up to 0.50 d) up to 0.20
  - b) up to 0.40 e) up to 0.10
  - c) up to 0.30

# VAULT

- 1 What is the total maximum deduction for piked body position in first flight, lack of dynamics an bent arms?
  - a) 1.00 d) 1.30
  - b) 0.90 e) 1.50
  - c) 0.80
- 2 What is the maximum deduction for leaving the table at 89° past vertical?
  - a) 1.00 d) 0.30
  - b) 0.50 e) 0.80
  - c) 0.40
- 3 What is the maximum deduction for completely bending the arms so the head contacts the table, too long in support, and insufficient distance?
  - a) 1.50 d) 2.50
  - b) 1.80 e) 2.80
  - c) 2.00

- 4 What is the maximum deduction for incorrect body posture on landing and additional trunk movements to maintain balance?
  - a) 0.50 d) 0.60
  - b) 0.40 e) 0.80
  - c) 0.30
- 5 Which of the following deductions is not taken in each phase of the handspring vault?
  - a) incorrect shoulder alignment d) bent legs
  - b) incorrect foot form e) legs separated
  - c) incorrect head alignment

#### **UNEVEN BARS**

- 1 What is the deduction for alternate foot placement on a bar?
  - a) 0.10
- d) up to 0.20
- b) up to 0.10 e) 0.05
- c) 0.20
- 2 What is the deduction for head not being in neutral on the underswing?
  - a) 0.05 d) up to 0.20
  - b) up to 0.10 e) 0.20
  - c) 0.10
- 3 What is the deduction for failure to re-contact the high bar with free hand on the Level 4 bar dismount?
  - a) up to 0.30 d) 0.20
  - b) 0.30 e) 0.10
  - c) up yo 0.20
- 4 What is the deduction if the thighs contact the high bar on the underswing?
  - a) 0.00 d) 0.30
  - b) 0.10 e) up to 0.20
  - c) 0.20
- 5 What is the deduction for a cast that is 46° degrees or more below horizontal?
  - a) 0.05 0.10 d) 0.20 0.25
  - b) 0.10 0.15 e) 0.20 0.30
  - c) 0.15 0.20

### **BALANCE BEAM**

- 1 Which of the following groups of skills in is the correct sequential order Level 4?
  - a) scale, leap, handstand, stretchedjump, split jump
  - b) scale, handstand, leap, half-turn, stretched jump
  - c) scale, half-turn, stretched jump, split jump, handstand
  - d) scale, leap, handstand, split jump, stretched jump
  - e) scale, half-turn, handstand, split jump, stretched jump

- 2 What is the total maximum deduction for attempting the Level 4 beam dismount, not attaining vertical, and falling?
  - a) 1.00 d) 0.70 b) 1.10 e) 0.80
  - c) 1.20
- 3 What is the total maximum deduction for a Level 4 leap on beam that is 90°, lead leg is bent, and does not pause in arabesque on landing?
  - a) up 0.40 d) 0.30
  - b) up 0.35 e) 0.40
  - c) up to 0.30
- 4 What is the required split in the back walkover in Level 5 beam?
  - a) 90° d) 150°
  - b) 120° e) 180°
  - c) 140°
- 5 What is the maximum total deduction for the full turn in Level 5 where the free leg is not in forward passe' and a heel snap technique is executed?
  - a) 0.50 d) up to 0.30
  - b) 0.40 e) up to 0.20
  - c) 0.30

# **FLOOR EXERCISE**

- 1 Which of the following deductions is not correct?
  - a) failure to land jumps with feet closed (up to 0.10)
  - b) hands are placed more than shoulder width apart (up to 0.10)
  - c) failure to rebound immediately after 2nd front handspring (up to 0.10)
  - d) failure to maintain arms next to ears in front handsprings (up to 0.10)
  - e) failure to keep legs joined in air on stretched jump (up to 0.10)
- 2 Which of the following elements are not valued at 0.60 each?
  - a) front handspring step out d) back extension roll
  - b) front handspring to two feet e) back salto tucked
  - c) leap
- 3 Which of the following groups are in the correct sequential order for Level 5?
  - a) front handspring to two feet, front salto, back extension roll, leap
  - b) leap, full turn, round-off, back handspring, back salto tucked
  - c) straddle jump, full turn, front handspring step out, front salto
  - d) back extension roll, split jump, split leap, round off, back handspring
  - e) jump full turn, front handspring step out, front handspring to two feet, split

- 4 What is the total maximum deduction for performing a piked front salto on Level 5 floor?
  - a) 0.30 d) up to 0.60
  - b) up to 0.30 e) 1.20
  - c) 0.60

### 5 What is the deduction for not having acceleration into an acro series?

- a) up to 0.30
- b) 0.30
- c) up to 0.20
- d) 0.20
- e) up to 0.10

		ANSWERS			
GENERAL		VAULT	BARS	BEAM	FLOOR
1	С	D	С	D	С
2	E	А	В	А	D
3	D	E	В	В	В
4	В	В	А	D	D
5	В	А	E	В	С